

# New Heat Effects Program

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Please feel free to contact  
us for information on  
having the Heat Effects  
program in YOUR  
CHILD'S school!

## Heat Safety and your Children

Greetings, readers. The weather has finally cooled down, and being outside feels great! With the heat seemingly right around the corner, we are very excited to tell you about the new Heat Effects program.

The program's focus is to protect Arizona's citizens health and safety from heat illness. During the first year, we will be targeting the program towards the younger population in Maricopa County. In the second and third years of the program, we will be branching out to other counties and targeting the elderly and those who work outside, being high risk groups for heat illness.

With school outreach efforts, we can teach children about safety while in the sun and importance of staying hydrated when Arizona's weather temperatures are extreme. We will be showing a "Heat Effects" video to students that explains the stages of heat illness and when it's safe to go outside. In addition, we will be analyzing various health

and weather databases to link information for possible program improvements.

### Interested in being a part of it?

We are currently looking for stakeholders who are interested in voicing thoughts or ideas regarding the program. Could this be YOU? Please contact us if you would like to be a part of this important effort. Be looking for our next bi-monthly newsletter and enjoy the holidays!



In Arizona, heat related deaths are by far the #1 weather-related killer (NOAA)

## Centers for Disease Control and Prevention funds Arizona's Climate Ready Initiative for Extreme Heat

The Arizona Department of Health Services (ADHS), Office of Environmental Health has been awarded a CDC cooperative agreement under the Climate-Ready Initiative. The grant's focus is developing Public Health Capacity and Adaptations to Reduce the Human Health effects of Climate Change. Arizona, being one of

ten states awarded the grant, is in Category 1 of the Climate Change and Health Program, which concentrates on assessment and planning to develop appropriate programs in the community. The grant will help prepare Arizonans to respond appropriately to the effects of rising temperatures and longer heat waves.